

First Annual *Compete To Defeat Drugs*

July 4th, 2009

5K Run/Walk!

**Saturday, July 4, 2009 (7:00 a.m. Start)
Riverview Park, Sebastian, Florida**



Course: Begins and ends at Riverview Park – Out Back – level roadway

- One water station at Captain Hiram's – Refreshments following the race

Entry Fee: \$20.00 in advance, \$25.00 on race day. Shirts guaranteed to the first 150 registered.

- Register at Runners Depot or Substance Abuse Council
- Race day entries will be accepted starting at 6:00 am on race day.

Awards: Age group awards to top 3 male and female finishers in following categories:

Runners – Male/Female Overall, Male/Female Overall Masters, 9 and under, 10-19, 20 – 29, 30 -39, 40–49, 50–59, 60–69, 70 & over

Walkers - Top 3 Finishers

Packet Pickup: Friday, July 3rd at Runner's Depot or July 4th at 6:00 a.m. at Riverview Park, Sebastian

Send All Race Entries & Check Payable To: Substance Abuse Council, IRC

1151 19th Street

Vero Beach, Florida 32960

Phone: (772) 770-4811

Entry Form:

Please Print Legibly: Make checks payable to Substance Abuse Council, IRC **Please circle** - *Runner / Walker*

Name _____ Sex _____ Race Day Age _____ T shirt size: S M L XL XXL

Address: _____ e-mail _____

City & State _____ Zip Code _____ Phone _____

By signing of the application, I, for myself, my executors, administrators and assigns, do hereby discharge and release The Substance Abuse Council, IRC and all cooperating businesses and organizations from all claims of damages, actions and whatsoever, in any manner arising or growing out of my participation or that of my child in this event. I also give my full permission to use my name and photograph in connection with this event.

Signature _____ Date _____

Parent Signature (if under 18) _____ Date _____

Please, No Pets and No Rollerblades