

Friends and Family for a Cure 5K Race
February 7, 2009

Saturday was a crisp winter morning in Vero Beach, but that did not slow down the 87 participants in the Friends and Family for a Cure 5K. The race was organized by a local Relay For Life of the Beaches team, Friends and Family for a Cure, and hosted at First Church of God. All the proceeds will benefit the American Cancer Society in the fight against cancer. Special thanks to Runner's Depot for their support.

Overall Female Winner: Stephanie Keating 21.49

Overall Male Winner: Tim Bishop 18.25.39

FEMALE		MALE	
9 & Under	Time	19 & Under	Time
Kendall Schlitt	38.35		
Stell Rose Stawara	39.55		
Kylie Jarrett	49.46		
10-14			
Alexa Kauffman	25.22	Jeff Bogner	19.10
Brittany O'Neal-Trammel	45.04	Malcom de Sieges	21.17
		Robert Gilday	29.59
		Robert Vafiades	42.05
15-19		30-39	
Genara, Jessica	43.04	Jon Madsen	30.23
20-29		A. J. Wold	30.51
Lisa Wells	28.59	Shannon Harris	35.36
Sabrina Wise	30.30	Joe Lombardino	46.45
Susan Mayntz	35.21	Rossiano Freshette	55.56
Monique Harris	35.36	40-49	
Jennie Vafiades	46.50	Bob Micket	20.37
Jennifer Jarrett	48.42	Jerry Sintes	23.20
Carla Dascenzo	51.06	Elton Forrester	25.28
Sarah Gardner Smith	56.24	Messer	28.10
30-39		Sexton	29.50
Kathleen Harris	26.00	50-59	
Katy Block	30.23	Butch Coffey	23.01
Katie Wold	31.04	John Feasel	26.40
Shannon Ward	32.05	Gregg Vafiades	56.39
Linda Brooks	33.40	60-69	
Briselda Ortiz	38.45	Charlie Yescott	22.50
Rebecca O'Neal	45.05	Ed Ruby	22.53
Kobi Lombardino	46.46	Gene Toomey	25.16
40-49		Bob Bond	25.35
Nathalie Schiffeleers	23.15	Steve Schrell	26.02
Candy Carter	32.02	Douglas Wood	26.09
Lauren McGarry	32.04	James McSweeney	26.23
Robin Sullivan	34.51	James Whalen	28.41
Julie Dressler	35.35	Tom Kean	30.40
Gail DeGoes	36.53	Steve Kidder	32.14
Arleen Alter	37.20	Robert Gilday	41.57

Doreen Linsky	37.20	Ken Guempel	46.37
Wendi Silvia	38.45	70 & Over	
Karen Schlitt	39.58	Rudi Einhorn	24.47
Kris Altman	43.05		
50-59			
Janice Chesser	45.03		
Joan Hedge	51.07		
Susan Vafiades	56.38		
60-69			
Linda Brooks	33.40		
Joyce Zymroz	38.45		
Theresa Ferris	39.53		
Carolyn Aldhizer	42.50		
Susan Bond	45.25		
Lorena Wood	47.37		
Elaine McSweeney	51.19		