

Vero Beach

**Girls' Lacrosse
Shamrock
5K Run/Walk**

Saturday, March 21, 2009

At

THE CLUB AT POINTE WEST

8:00 am Start

Registration begins at 7:00 am

Please use main entrance to Pointe West (Route 60). Parking is in the lot next to the Polo fields. Follow signs.

Pre-registration \$20.00 deadline, March 20, 2009 Day of Race \$25.00

First _____ Last _____ Age _____
Street Address _____
City _____ State _____ Zip _____ Sex _____
Birthday (Ex: 01/02/90) _/ _/ _ Email _____
T Shirt Size (adult) S M L XL XXL (Shirts to first 100 registered)

Waiver of Responsibility

Please read this form carefully and be aware that in signing up and participating in this activity, you will be expressly assuming the risk and liability, waiving and releasing all claims for injuries, damages of loss which you may sustain as a result of participating in this activity. I recognize that there are certain risks of physical injury to participants in this activity, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that I may sustain as a result of participating in any and all activities connecting or associated with this event. I further agree to waive and relinquish all claims I have (or accrue to me) as a result of participating in this activity against any parties, officials, agents volunteers associated with this event. I do fully release and forever discharge Vero Beach Girls Lacrosse from any and all claims for injuries, damages, or loss that I may accrue to me and arising out of, connected with, or in any way associated with this event.

Name _____ Date _____

Make Checks Payable to: Girl's Lacrosse Boosters

Mail registration form and Payment to:

**4900 13th Lane, Vero Beach, Fl. 32966 For information call:
Suzanne Leffew 473-7024**