

10K RACE

WHEN: Sunday February 28, 2010 at **8:00 a.m.**

LOCATION: South Beach Park, Vero Beach, Fla.

COURSE: TAC certified 10K (10,000 meters—6.2 miles) along quiet city streets and oceanfront roads. Fast, flat, out and back, scenic route with water stations and ocean views.

ENTRY FEE: \$20.00 prior to race day. \$25.00 on race day.

RACER PREMIUMS: Technical shirts, technical hats, goodie bags, door prizes and post race food and festivities. Shirts and hats guaranteed for first 225 to register and reserved on a first come/first served basis. Racers outnumbered shirts last year so register early.

AWARDS: Awards three deep in normal age groups.

TIMING: All 10K event timing to be completed by Accuchip Timing Systems. Chips must be obtained and returned on race day at race venue.

RELAY RACE

Two person teams each run approximately 5K. Must have transportation to exchange area. Each team receives two race shirts and a goodie bag.

RELAY ENTRY FEE: \$30.00 per team prior to race day, \$35.00 per team on race day.

AWARDS: Top three in Male, Female & Co-Ed divisions.

GENERAL INFORMATION

Entry fees cannot be refunded. Please, for safety reasons, no strollers, dogs, headsets or rollers skates. Be alert to possible road and traffic hazards along the course. The course will not be closed to road and traffic hazards along the course but is run through areas of light traffic. PLEASE HELP US BY PRE-REGISTERING. Registration is also available via **ACTIVE.COM**, by mailing this application or in person at Runner's Depot.

PRE RACE PACKET PICK-UP

Race packets may be picked up the Friday and Saturday prior to the race at the Runner's Depot located at 436 21st Street (569-7364). You may also register for the race there. Chips must be picked at the race on race day.

DIRECTIONS

I-95 south/north to Vero Beach (Exit 147). East on Route 60 approximately 8 miles to Indian River Boulevard. Make a right on to Indian River Boulevard and then a left on to the 17th Street bridge. Go over the bridge and then straight into South Beach Park.

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10K and 10K Relay (2 x 5K)

10 kilometers
10,000 meters
6.21371 miles
10,936.1 yards
32,808.4 feet

1 fast, flat, PR course

32nd Annual Sunrunners 10K

Sunday, February 28th at 8:00 a.m.
South Beach Park, Vero Beach, Florida
Registration available at:

active.com



A chip timed event by AccuChip Timing

Come join us and run by our beautiful beaches, boardwalks and golf courses. Enjoy lots of race support and the fastest 10K around. Be a part of the tradition.

Visit our website at www.sunrunnersofverobeach.com

REGISTRATION FORM

10K Road Race 8:00 a.m. \$20.00

Name _____ Shirt size: S/M/L/XL

Address _____ Age on Race Day _____

City, State Zip Code _____

Phone _____ e-mail address _____

10K Relay Race 8:00 a.m. \$30.00

Team Name _____ Division (Male/Female/Co-Ed) _____

Name—Runner 1 _____ Shirt size: S/M/L/XL

Name—Runner 2 _____ Shirt size: S/M/L/XL

Address _____

City, State Zip Code _____

Phone _____ e-mail address _____

Signature (parent or legal guardian if under 18) _____ Date _____

Signature (parent or legal guardian if under 18)
(Relay use only) _____ Date _____

Make entry checks payable to "Sunrunners" and mail to Barry Segal, 621 17th Street, Vero Beach, Florida 32960. For more information, please contact Barry Segal at (772) 567-5552 or sunrunners10k@bellsouth.net.

In consideration for the acceptance of my entry or for whom I have signed, I, my child, he or she for whom I am guardian, and/or my heirs, executors and administrators, release and forever discharge the Sunrunners of Vero Beach, Inc, the City of Vero Beach, Indian River County, and all sponsors, producers, their agents, representatives, successors and assigns of all liabilities, claims, actions, damages, costs or expenses which I may have against them arising out of or in any way connected with my participation in this event, including travel to or from this event, and including injuries which may be suffered by me before, during or after the event. I understand that this waiver includes any claims based on the negligence, action or inaction of any of the above parties. I also consent to my image, picture or recording being used by Sunrunners of Vero Beach, Inc. for any lawful purpose.



"A Tradition of Excellence"

